



# ADHD parents and Children Workshops Wednesday 29<sup>th</sup> November

We are offering a one off workshop for parents, carers or relatives focusing on understanding more about ADHD, beginning to think about strategies for managing children and young people at home and strengthening your relationship.

We are also offering a parallel workshop for your child: same time in the room next door!

For further information and to register your attendance please speak to your clinician or contact **Rosie Davies, Vicky Mattison, Colleen Williams** on **020 33161824** or email **colleenwilliams@nhs.net**

When:

**Wednesday 29<sup>th</sup> November 2017 @ 9.30 – 11am**

Location:

**The Northern Health Centre,  
580 Holloway Road, London,  
N7 6LB**