



Does your child or a child you care for have an ADHD diagnosis?

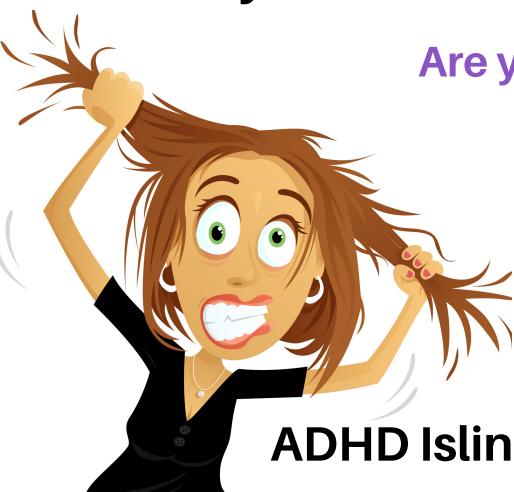
Are you feeling worried and unsure what happens now?

Perhaps you feel unprepared or overwhelmed?

Or maybe you feel alone and just want to talk to someone who understands the challenges you face every day?

Well stress no further.....

ADHD Islington is a parent run support group and we are here for you!



First Thursday of every month at 09:30 - 11:30am
Walter Sickett Community Centre
Canonbury Crescent
London N1 2FB

Third Thursday of every month at 11:30 - 1:30pm
Hugh Cubitt Centre
48 Collier Street
London N1 9QZ

For more information contact us by email
on adhdislington@gmail.com
Call us on 07511 455 668 / 07549 258 244
or just come along to the next meeting,
we'd love to meet you!



YOU'RE NOT ALONE